

## WOMEN'S STUDIES

### Human Arts and Social Sciences Division

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### Women's Studies A. A. Degree

The Women's Studies major is an interdisciplinary major which gives students the opportunity to study women's experiences and questions of gender from a variety of perspectives, including feminist theory, history, religion, literature, cross cultural studies, psychology, sociology, sexuality, women and work, and women and the family. Courses in this major enrich the student's knowledge of the historical, social, and cultural contributions of women from many ethnic groups all over the world, provide a feminist perspective on the study of sexual and racial oppression, and promote a rigorous scholarly inquiry of women's rapidly changing economic, legal, and political position in society. The program also emphasizes personal growth through student participation and collaboration. Women's Studies courses attempt to define a society free of sexual, ethnic, age, and class barriers. Because the major is interdisciplinary, it gives students a comprehensive liberal arts background and prepares them for upper division work in Women's Studies and many other humanities and social science majors at four-year colleges and universities. Students may also earn an A. A. Degree from Cabrillo in Women's Studies. Course work in this major leads to careers in the health professions, law, education, counseling, political and social work, journalism, public relations and communications, and public administration, among many others.

#### Learning Outcomes

The Cabrillo College Core Competencies (with an emphasis in the study of Women's Studies):

1. Communication: Reading, Writing, Listening, Speaking, and/or Conversing
2. Critical Thinking and Information Competency: Analysis, Computation, Research, Problem Solving
3. Global Awareness: An appreciation of Scientific Processes, Global Systems and Civics, and Artistic Variety
4. Personal Responsibility and Professional Development: Self-Management and Self-Awareness, Social and Physical Wellness, Workplace Skills

#### Model Program for Women's Studies

An Associate Degree requires 60 units appropriate to your educational goal, to include general education and at least 18 units in a major. Courses should be selected to meet the lower-division major preparation requirements at your intended transfer university. These specific requirements can be found at [www.assist.org](http://www.assist.org) for 4-year public institutions in California. Please see a counselor for advisement to ensure you are taking the best possible courses given your goal.

The department presents the following suggested Model Program for this major. The courses listed below may or may not be appropriate depending on your specific goal. Please see a counselor for advisement for transfer to any 4- year institution.

<b>A.A. General Education</b>		<b>30 Units</b>
<b>Core Courses</b>		<b>Units</b>
WS 1	Introduction to Women's Studies.....	3
WS 2	Global Perspectives on Women and Gender.....	3
HIST 14	Women in America .....	3
or		
HIST 14H	Honors Women in America.....	3
SOC 5	Gender and Society .....	3

#### Approved Electives

<b>Select 18 units from the following:</b>		<b>Units</b>
ANTHR 2	Introduction to Anthropology: Cultural .....	3
or		
ANTHR 2H	Honors Introduction to Anthropology: Cultural.	3
ANTHR 8	Anthropology of Religion.....	3
ECE 32	Child, Family and Community .....	3
GEOG 2	Cultural Geography.....	3
GEOG 4	World Regional Geography .....	3
HS 15	Human Sexuality.....	3
HIST 15	Recent American History .....	3
PSYCH 1	General Psychology .....	3
or		
PSYCH 1H	Honors General Psychology .....	3
SOC 1	Introduction to Sociology: Understanding Society.....	3
or		
SOC 1H	Honors Introduction to Sociology: Understanding Society.....	3
SOC 2	Contemporary Social Problems .....	3
or		
SOC 2H	Honors Contemporary Social Problems .....	3
SOC 8	Introduction to Latino/a Studies .....	3
SOC 9	Globalization and Society .....	3
WS 5	La Mujer: Latina Life and Experience .....	3

<b>Total Units</b>	<b>60</b>
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## Women's Studies Courses

### WS 1 Introduction to Women's Studies

3 units; 3 hours Lecture

Repeatability: May be taken a total of 1 time.

Examines major social, cultural, economic, and political forces affecting the lives of diverse groups of women in the U.S. Introduces central social scientific concepts in women's studies. Examines feminist perspectives on a range of issues affecting women in the U.S., including gender socialization, violence, sexuality, family, education, and work. May be offered in a Distance-Learning Format.

*Transfer Credit:* Transfers to CSU; UC.

**WS 2                    Global Perspectives on Women  
and Gender**

3 units; 3 hours Lecture

Repeatability: May be taken a total of 1 time.

Examines major social, cultural, economic, and political forces affecting the lives of women from Africa, Asia, the Middle East, Latin America, and the Caribbean. Introduces central social scientific concepts in women's studies. Employs transnational feminist theory to analyze a range of social issues affecting women in developing nations including globalization, violence, trafficking, immigration, work, family, and militarism. May be offered in a Distance-Learning Format.

*Transfer Credit:* Transfers to CSU; UC.

**WS 5                    La Mujer: Latina Life and Experience**

3 units; 3 hours Lecture

Repeatability: May be taken a total of 1 time.

Examines the impact of social institutions such as family, religion, work, and education on the daily lives of Chicanas/Latinas. Employs an interdisciplinary approach to understand Chicanas/Latinas' history, contemporary social roles, and personal identity. Topics may include families, community involvement, political roles, cultural practices, and values.

*Transfer Credit:* Transfers to CSU; UC.

**WS 11                  Feminist Theories**

3 units; 3 hours Lecture

Recommended Preparation: ENGL 1A/1AH/1AMC/1AMCH.

Repeatability: May be taken a total of 1 time.

Examines classic and contemporary feminist theories from across a wide range of academic fields used to analyze women, gender, difference, power, and inequality. Focuses on feminist contributions to the field of social research methods. Topics include sex and gender, bodies, sexuality, labor, science and technology, race, intersectionality, and the nation state.

*Transfer Credit:* Transfers to CSU; UC.