

**DANCE**

**DANCE 10 Dance Appreciation**

Examines dance through viewing dance performances, lecture, discussions, and exploration, focusing on the historical, cultural, and artistic developments of dance and western dance styles in the 20th Century.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor | Room     |
|---------|------|-----------------|-------|------------|----------|
| 74441   | MW   | 02:30PM-03:50PM | 3.00  | D.King     | VAPA1001 |
| 74440   | TTH  | 03:30PM-04:50PM | 3.00  | D.King     | VAPA1001 |

**DANCE 50 Beginning Contemporary Modern Dance**

Introduces the foundations of current physical and expressive dance techniques by focusing on basic skills, musicality, and the art of dance. Repeatability: May be taken a total of 4 times; thereafter may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor   | Room |
|---------|------|-----------------|-------|--------------|------|
| 74442   | MW   | 09:10AM-10:55AM | 1.25  | Spencer/King | 1117 |

**DANCE 58 Hip Hop and Street Dance I**

Introduces beginning hip hop and street dance styles and forms. Recommended Preparation: DANCE 61. Repeatability: May be taken a total of 4 times. Thereafter may be audited.

*Transfer Credit:* CSU, UC.

| Section | Days | Times           | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 75946   | S    | 11:40AM-01:00PM | 0.50  | C.Owen     | 1117 |

**DANCE 61 Introduction to Dance/Moving to Live Music**

Introduces basic dance techniques (conditioning, strength, flexibility, alignment, coordination, rhythm, body and spatial awareness), dance vocabulary, and elements of expressive style while promoting ease and confidence in movement. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor   | Room |
|---------|------|-----------------|-------|--------------|------|
| 74446   | MW   | 05:00PM-06:45PM | 1.25  | R.Van Dessel | 1117 |

**DANCE 62 Dance Conditioning/Pilates**

Provides applied instruction in elements of conditioning and introduces Pilates mat work with an emphasis on body/mind awareness, increased strength, flexibility, and efficient movement function leading to higher level performance in all dance techniques and movement skills. Repeatability: May be taken 4 times.

*Transfer Credit:* CSU; UC with limits: Any or all KIN activity courses combined: maximum credit-4 units. Dance 62 is considered a KIN activity course.

| Section | Days | Times           | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 74447   | MW   | 07:55AM-09:00AM | 0.75  | R.DeCosse  | 1117 |

**DANCE 63 Dance Improvisation**

Introduces the basic skills of improvisation which enhance creativity in movement, while exploring the elements of time, space, shape and energy as they relate to dance, dance performance and other art forms in personal and group movement experiences. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 74448   | MW   | 11:05AM-11:35AM | 1.00  | R.DeCosse  | 1117 |
| &       | M    | 11:35AM-12:25PM |       | R.DeCosse  | 1117 |
| &       | W    | 11:35AM-12:40PM |       | R.DeCosse  | 1117 |

**DANCE 64 Intermediate Modern Dance**

Teaches contemporary modern dance technique, develops personal expression and musicality, improves alignment, body awareness, and conditioning while performing longer and more challenging movement combinations to live music. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 74449   | TTH  | 01:00PM-02:45PM | 1.25  | D.King     | 1117 |

**DANCE 65 Jazz Dance**

Covers jazz dance techniques and styles and includes warm-up, conditioning, and jazz combinations performed to music. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times for credit; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor      | Room |
|---------|------|-----------------|-------|-----------------|------|
| 74450   | MW   | 02:45PM-04:30PM | 1.25  | H.Jackson-Jones | 1117 |

**DANCE 66 Choreography**

Explores the elements of choreography to create dances of any style, while experimenting in a supportive environment. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 74451   | MW   | 12:50PM-02:35PM | 1.25  | R.DeCosse  | 1117 |

**DANCE 67 Dance Production**

Presents the study and performance of choreography for the Cabrillo College Dance concert. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor             | Room |
|---------|------|-----------------|-------|------------------------|------|
| 74452   | TTH  | 03:00PM-05:55PM | 2.00  | Farhood/Porter-Honicky | 1117 |

**DANCE 68 Advanced Dance Technique and Performance Skills**

Refines contemporary modern dance technique and performing skills while learning more complex patterns of movement, embodiment of alignment, flexibility, strength and energy flow with live dance accompaniment. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 74453   | TTH  | 01:00PM-02:45PM | 1.25  | D.King     | 1117 |

## Cabrillo College *Schedule of Classes* – Spring, 2012

### DANCE 69 African Dance

Introduces African dances from various regions in Africa including their social, historical and cultural significance. Repeatability: May be taken 4 times. Thereafter may be audited.

*Transfer Credit:* Transfers to CSU, UC.

| Section | Days | Times           | Units | Instructor       | Room |
|---------|------|-----------------|-------|------------------|------|
| 75814   | MW   | 07:00PM-07:30PM | 1.00  | Y.Porter-Honicky | 1117 |
| &       | M    | 07:30PM-08:35PM |       | Y.Porter-Honicky | 1117 |
| &       | W    | 07:30PM-08:20PM |       | Y.Porter-Honicky | 1117 |

### DANCE 72 World Dance Techniques

Presents the study and performance of a selection of dance and movement techniques and styles which may include Post Modern, Jazz, Salsa, Latin, Hip Hop, African, and Somatic forms. Repeatability: May be taken 4 times; thereafter may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor      | Room    |
|---------|------|-----------------|-------|-----------------|---------|
| 74455   | W    | 03:00PM-04:20PM | 0.50  | A.Farhood       | WatA130 |
| 75629   | W    | 03:00PM-06:05PM | 1.00  | A.Farhood       | WatA130 |
| 75630   | TTH  | 07:00PM-07:30PM | 1.00  | H.Jackson-Jones | 1117    |
| &       | T    | 07:30PM-08:20PM |       | H.Jackson-Jones | 1117    |
| &       | TH   | 07:30PM-08:35PM |       | H.Jackson-Jones | 1117    |

### DANCE 74 Creative Movement

Provides a playful and supportive atmosphere to explore imagination, creativity, self-expression, communication, and group play while discovering your movement potential through improvisation. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 74457   | MW   | 11:05AM-11:35AM | 1.00  | R.DeCosse  | 1117 |
| &       | M    | 11:35AM-12:25PM |       | R.DeCosse  | 1117 |
| &       | W    | 11:35AM-12:40PM |       | R.DeCosse  | 1117 |

### DANCE 76 Ballet I

Introduces basic techniques and principles of ballet through barre, center floor work, cross-the-floor combinations while acquainting the student with the aesthetics, history and tradition of classical ballet. Recommended Preparation: DANCE 61. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor    | Room |
|---------|------|-----------------|-------|---------------|------|
| 74458   | T    | 07:45AM-09:20AM | 1.00  | B.England     | 1117 |
| &       | TH   | 07:55AM-09:15AM |       | B.England     | 1117 |
| 74459   | S    | 09:30AM-11:30AM | 0.75  | S.Took-Zozaya | 1117 |

### DANCE 78 Ballet II

Presents intermediate level techniques and principles of ballet through barre, center floor work and across-the-floor combinations while exploring in more depth the aesthetics, history and tradition of the classical ballet. Recommended Preparation: DANCE 61 and 76. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor | Room |
|---------|------|-----------------|-------|------------|------|
| 74460   | TTH  | 11:15AM-11:45AM | 1.00  | R.Martyn   | 1117 |
| &       | T    | 11:45AM-12:35PM |       | R.Martyn   | 1117 |
| &       | TH   | 11:45AM-12:50PM |       | R.Martyn   | 1117 |

### DANCE 82 Body/Mind Balance: Movement Awareness

Provides students of any experience level an introductory survey of somatic modalities, increasing body awareness and wellness through an exploration of movement and dance as a creative, performance, and healing art. Repeatability: May be taken 4 times; thereafter, may be audited.

*Transfer Credit:* CSU; UC.

| Section  | Days | Times           | Units | Instructor       | Room     |
|--|------|-----------------|-------|------------------|----------|
| 74463  | MW   | 09:00AM-10:35AM | 0.75  | Y.Porter-Honicky | HORT5001 |
| Meets 12 weeks 2/22-3/28 and 4/16-5/23. Students must be enrolled in the Academy for College Excellence (ACE). For information regarding the Academy for College Excellence, see Digital Management Career Preparation in the Schedule of Classes or e-mail vifabbri@cabrillo.edu. |      |                 |       |                  |          |
| 74462  | TTH  | 09:30AM-10:00AM | 1.00  | R.DeCosse        | 1117     |
| &  | TH   | 10:00AM-10:50AM |       | R.DeCosse        | 1117     |
| &  | T    | 10:00AM-11:05AM |       | R.DeCosse        | 1117     |

74464 MW 01:15PM-02:50PM 0.75 S.Took-Zozaya HORT5001  
Meets 12 weeks. 2/22-3/28 and 4/16-5/23. Students must also be enrolled in the Academy for College Excellence (ACE). For information regarding the Academy for College Excellence, see Digital Management Career Preparation in the Schedule of Classes or e-mail vifabbri@cabrillo.edu.

75633 TTH 01:30PM-03:05PM 0.75 S.Took-Zozaya WatA130  
Meets 12 weeks 2/21-3/29 and 4/17-5/24. Students must be enrolled in the Academy for College Excellence (ACE). For details regarding the Academy for College Excellence, see Digital Management Career Preparation in the Schedule of Classes or e-mail vifabbri@cabrillo.edu.

### DANCE 87 Dances of Mexico: Baile Folklorico

Presents selected regional dances of Mexico taught for technical and cultural understanding. Repeatability: May be taken 4 times.

*Transfer Credit:* CSU; UC.

| Section | Days | Times           | Units | Instructor | Room    |
|---------|------|-----------------|-------|------------|---------|
| 74469   | W    | 06:15PM-09:10PM | 1.00  | J.Johns    | WatA130 |